



WELCOME TO CAPE TOWN !

Day 1

After meeting your tour guides/driver at the Airport we take the group and head across the N2 passing Mossel Bay and George before arriving in Knysna. Here we check in to our accommodation at the Knysna Log Inn where we will have a leisurely rest of the day setting up bikes etc ready for the adventure to begin! <http://www.kli.co.za/>

Day 2

*We now start our cycling journey along the R339 through Ysterhoek Forest towards Uniondale taking in Prince Alfred's pass (and others!) through the Outeniqua Mountains. After pick up in Avontuur we arrive at our accommodation near Uniondale for a well earned rest! Accommodation to be discussed at time of booking
Approximately 70 km and 1500m of climbing.*

Day 3

*We head across to Potjiesberg pass and then follow the Kammanassie river towards Koutjie. This is a much easier day after yesterday's exertions following the valley bottom turning off onto the R62 for pick up onto our overnight stay at The Karoo Soul Travel Lodge in Oudtshoorn. Around 60 km of mainly flat terrain on tracks/roads
<http://www.karoosoul.com>*



POTJIESBERG PASS

Day 4

After a hearty breakfast we can take in an ostrich farm before tackling Schoemanspoort pass and our visit to the world famous Cango Caves. We now tackle the famous Swartberg Pass to Die Top, 1583m. Then we are transported back down to Prince Albert where we will spend the evening at African Relish. Approx 70 km of undulating tracks/road and 1600m of climbing over gravel. <http://africanrelish.com>



THE SWARTBERG PASS

Day 5 – Easier day !

Options day. You can either spend the day at your own leisure relaxing in the lovely African Relish cottages or take part in one of their cooking classes (not included in the price). Alternatively we can take a gentle cycle and take in the best of Prince Albert visiting Olive Farms, Fig plantations etc The distances here are fully flexible.

Day 6

Now we take on the Swartberg Pass from the other side and head to “The Hell”. Here we spend the day and break for a picnic before descending the Pass back to African Relish by vehicle to Prince Albert. Approx 30km with 1600m of climbing on mostly gravel roads.

Day 7

We head from Prince Albert over the Kareedouwberg Pass on to the wonder of the Meiringspoort mountain pass. Breaking for lunch at Klarstroom, we head once again for Oudtshoorn to stay at the Karoo Soul again for a well earned rest ! Approx 100 km with 1500m of climbing on tarred roads.



Day 8

Fram Outshoorn we head for Calitzdorp, Port capital of South Africa where we can do a tasting. We go over the Huisrivier pass then after \pm 20km we reach Amalienstein. A turnoff to our right points to Seweweekspoort. We take that turnoff and cycle right through this magnificent natural wonder \pm 20km to the other side of the Swartberg Mountains. There we turn right towards Bosch Luys Kloof Nature Reserve and Gamkapoort Dam. After \pm 4 km we will reach our entrance gates, down Bosluiskloof pass (beautiful unspoilt wilderness) towards the lodge and chalets \pm 8 km. We may see game as you go. It is downhill all the way - you just need proper brakes!! An evening Braai in the heart of the Karoo is then to be experienced here! Approx 80 km along tracks and 1000m of climbing. <http://www.boschluyskloof.co.za/>

Day 9

On the return from BLK the pass is quite challenging, so those not so fit, may choose to take it easy. Once on top, it is 100% downhill right back to Route 62 again. From the crossing, turning to our right, it is 21km to Ladismith. We are collected here and have lunch against the dramatic backdrop of the 2000 m peak of the Tower kop. We finish our tour here for onward transportation back to Cape Town and the ATC. Approx 60 km and 1000m of climbing. <http://www.backpackers.co.za/>



BOSLUISKLOOF PASS

Day 10

Today it's time to head home after your fantastic cycling experience. We transport you back to CT airport and wish you a safe flight home.

TOUR COMPLETE :- 470 km+/- and over 8000m of climbing! Well done!!