

## **FRANSCHOEK & STELLENBOSCH MTB WINELANDS TOUR 3/4/or 5 Days.**

### **DAY 1**

Pick up from Cape Town and transportation to Elgin / Grabouw where your tour begins.

Take the R321 over Viljoens Pass and then off road into Graymead to the edge of Theewaterskloof Dam. After crossing the Draaiberg Bridge follow the R45 through to Franschhoek over the magnificent pass (700m) where you will spend the evening after off roading on the Robertsvlei wine track.

This is a distance of around 50 KM.



**Franschoek Pass**

Recommended Accommodation <http://www.sa-venues.com/visit/thecoachhouse/>

A further day can be spent around this wonderful valley wine and cheese tasting and eating at one of the many superb eateries placed all around on the many side roads to explore.

### **DAY 2**

Today you head off road through the Boshendal and Languedoc tracks and then through Ida's Valley nearer town, which has the Rustenburg Vineyards, after traversing the famous Helshoogte Pass enroute. We cycle through the Jonkersberg Plantation, a circular bike ride right into the mountains.

The distance here is around 50 KM. Overnight in Stellenbosch.

There is a choice of accommodation which we can discuss you at time of enquiry.

Further option of staying in the area for another day to explore the Devon Valley amongst others and even the chance to see a cheetah sanctuary nearby!



**STELLENBOSCH**

### **DAY 3**

Head down the R44 taking the Stellenrust track turn off, across Annandale and then joining the R310 back into Fish Hoek along the coast road. Depending on the time of year a chance to see whales, dolphins and seals.

Distance here again is around 50 KM.



**The R310 leading you back to Fish Hoek**

Wine and/or cheese tastings as well as cellar tours can be done on most vineyards simply by turning up on the day. No pre bookings are necessary; the same applies for the restaurants along the route too.

You can indulge yourself as much or as little as you like; the choices are endless.

**Just bear in mind that you need to arrive safely at your accommodations and you are in charge of a bicycle to get you there!**