

## 5 Star Package

### Day 1

Collection from CT Airport and drop off at Camps Bay – staying at The Camps Bay Retreat <http://www.campsbayretreat.com> for your first night's stay



### Day 2

Meet you at Camps Bay where we begin our first days cycling. We head around the coastal Road along Chapman's Peak and then through Hout Bay and over to Constantia. Here we will arrange a picnic for you and a wine tasting. We then transport you back to Kalk Bay where you can stay at Chartfield House <http://www.chartfield.co.za/> Cycling 30 miles

### Day 3

We meet you in Kalk Bay and we cycle to Cape Point, on route stopping off at Boulders to visit the penguins. We spend a few hours in the Good Hope Nature Reserve and then cycle back through Scarborough and Misty Cliffs ending up in Noordhoek at The Monkey Valley Resort. <http://www.monkeyvalleyresort.com/> Cycling 50 miles



## Day 4

We are transported over to Gordon's Bay where we begin our cycle on the scenic R44 the other side of the False bay coast through Pringle Bay to Cape Hangklip, the opposite mouth of False Bay to Cape Point. Onwards to Betty's Bay where you stay for the evening at The Retreat  
<http://www.retreatbb.co.za> Cycling 60 miles



## Day 5 & 6

We leave Betty's Bay and cycle through Elgin (apple country) and end up in Franschhoek which is absolutely beautiful ! I would very strongly suggest staying here for two nights at The Coach House - <http://www.thecoachhouse.co.za/photogallery.html> . In Franschhoek you can explore some of the stunning scenery and then take time out to visit the local wine farms which are world famous. The eateries are fabulous and I would recommend La Petite Ferme, it's breathtaking ! Cycling 60 miles

*The Coach House*



## Day 7 & 8

We are collected and transported North wards towards Paternoster, a quaint fishing village with a lovely beach and great restaurants, where we stay here for a night at [www.abalonehouse.co.za](http://www.abalonehouse.co.za) Then head down to Langebaan, a stunning natural lagoon and part of the West Coast National Park. A night here to casually take in the scenery and relax at

<http://www.sa-venues.com/visit/harrisonshouse>

Cycling 80 miles over the two days



## Day 9 & 10

After cycling along the stunning coastal road North we are transported from Elands Bay across to the Cederberg and spend two days in the surrounding wilderness area and explore the dam and the beautiful mountains. Stay at <http://www.sa-venues.com/visit/bushmanskloof/> where you have the opportunity of a game drive if you so desire. Cycling to Elands Baai 65 miles and transported by car the other 60 miles



Day 11 & 12

We make our way back to Cape Town where you can spend the last two days doing the hike up Table Mountain with us and spend some time taking in the other sights such as Robben Island, where Nelson Mandela spent many years imprisoned, helicopter rides, boat cruise etc or lie on the beach and get ready for your homeward journey. Transport back to CT 160 miles – we can stop of on route here to take in BloubergStrand, where the classic view of Table Mountain will be found.

Total cycling 345 miles/ 555km.



This marks the end of an amazing journey and experience in some of the most fabulous locations around Cape Town and surrounds !

Thank you for joining us !