

## **CAPE PENINSULA TOUR – ( 1 or 2 days )**

Starting in Cape Town we head south along the Atlantic coast and climb Chapman's Peak to the view point over Hout Bay. We cycle through the beautiful coastal town of Kommetjie and past the Slangkop lighthouse towards Cape Point Nature Reserve passing through the conservation villages of Misty Cliffs and Scarborough.



### **Chapman's Peak & Cape Point**

Once inside the Nature Reserve we take a leisurely ride up to Cape Point for photo opportunities and a walk to the lighthouse itself.

After getting some refreshments / lunch we head downhill to the Cape of Good Hope for pictures and then it's a short stop at the Cape Point Ostrich Farm before our onward cycle to Simon's Town where we call in at Boulders Beach, home to the penguins.  
(Overnight here for the 2 day tour in Simon's Town)



### **Boulders Beach & Simon's Town**

Once we are ready to proceed we cross the Peninsula at its narrowest point from Fish Hoek over to Noord Hoek. We traverse Chapman's Peak in the opposite direction back down to Hout Bay via Llandudno to Cape Town.

(The above is 150 km or 95 miles approx over undulating terrain)

**An alternative option is starting and finishing the above at our base in Fish Hoek. This would then be a distance of 80km or 50 miles approx over undulating terrain.**